<table>
<thead>
<tr>
<th>Group</th>
<th>Description</th>
<th>Age</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baby Breakfast</td>
<td>Come and join us for breakfast- expectant and new mums are welcome to attend</td>
<td>Late pregnancy onwards</td>
</tr>
<tr>
<td></td>
<td>this fun session and find out more of what we do.</td>
<td></td>
</tr>
<tr>
<td>Baby Massage</td>
<td>Learn gentle massage techniques with your baby. Invitation sent by your</td>
<td>From 6 weeks</td>
</tr>
<tr>
<td></td>
<td>local Health Team.</td>
<td></td>
</tr>
<tr>
<td>BreastStart</td>
<td>Health advice and support with a listening ear when you need it.</td>
<td>Late pregnancy onwards</td>
</tr>
<tr>
<td>First Friends</td>
<td>Come and play together in a safe and welcoming environment in partnership</td>
<td>Birth to moving around</td>
</tr>
<tr>
<td></td>
<td>with community nursery nurses.</td>
<td></td>
</tr>
<tr>
<td>Growing Friends</td>
<td>Come and Play together in a safe and welcoming environment in partnership</td>
<td>0-5 years</td>
</tr>
<tr>
<td></td>
<td>with community nursery nurses.</td>
<td></td>
</tr>
<tr>
<td>Mini Explorers</td>
<td>Fun filled activities to support your child’s learning and development</td>
<td>1-3 years</td>
</tr>
<tr>
<td></td>
<td>through play. Come and explore a different theme every week.</td>
<td></td>
</tr>
<tr>
<td>Story &amp; Rhyme</td>
<td>Enjoy sharing a story, rhymes and songs together.</td>
<td>0-4 years</td>
</tr>
<tr>
<td>Time</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rising Rockets</td>
<td>Come and enjoy activities that will support your child’s transition to</td>
<td>From 2 years</td>
</tr>
<tr>
<td></td>
<td>starting Nursery. Look out for your invitation.</td>
<td></td>
</tr>
<tr>
<td>Sensory Fun</td>
<td>Come and enjoy lots of fun (sometimes messy) activities using all your</td>
<td>6 months - 2 years</td>
</tr>
<tr>
<td></td>
<td>senses - sight, sound, taste, smell, and touch.</td>
<td></td>
</tr>
<tr>
<td>Stay &amp; Play</td>
<td>A fun session for you and your child to play and learn new skills with a</td>
<td>0-5 years</td>
</tr>
<tr>
<td></td>
<td>range of fun filled activities.</td>
<td></td>
</tr>
</tbody>
</table>

Food Aware Food Bank - ID/Proof of benefits will be required. For further information contact: 01709 717186

Light - Light Pre and Postnatal Support group.

All sessions include activity ideas for you to take home and try - as well as sharing a story, rhymes and songs.

We also provide a free healthy snack.

Information on services in Doncaster visit The Families Information Service: www.doncaster.gov.uk/fis
## Denaby Family Hub - (Midwife appointments available through the week by phoning 01302 642794)

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Sensory Fun**  
6m-2 Years  
9.30am - 11.00am  
(By invitation) | **Baby Massage**  
9.30am - 11.00am  
(With Parent) | **Growing Friends**  
9.30am - 11.00am  
0-5 Years only  
(Invitation) | **First Friends**  
Birth to moving around the floor  
9.30am - 11.00am  
(Invitation) | **Stop Smoking**  
Pregnancy Clinic  
9.00am-12.00pm |
| **Careers advice & CV support**  
9.30am-11.30am | **Book Chatter**  
Book Play  
6 months to 3 years  
1.00pm - 2.30pm | **Breaststart**  
9.30am - 11.00am | | |
| **Birth Group**  
1.00pm - 2.30pm  
Newborn to 4 months  
1.30pm-2.30pm  
1st July for 4 weeks | **Baby Chatter Baby Play**  
9.30am - 10.30am  
(Invitation) | **Rising Rockets**  
9.30am - 11.15pm  
(Invitation) | **Mini Explorers**  
1-3 years  
1.00pm - 2.30pm  
(Term Time Only) | **Child-minders drop-in**  
9.30am - 11.30am  
(Term Time Only) |

## Mexborough Family Hub - (Midwife appointments available through the week by phoning 01302 642 794)

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Growing Friends**  
0-5 Years only  
9.30am - 11.00am | **Rising Rockets**  
9.30am - 11.15am  
(Invitation) | **First Friends**  
Birth to moving around the floor  
9.30am - 11.00am | **Mini Explorers**  
1-3 years  
1.00pm - 2.30pm  
(Term Time Only) | **Food Aware Food Bank**  
10.00am - 12.00pm  
Everyone  
2.00pm - 3.00pm  
Parent led group to help break down barriers created by different languages |
| **Sensory Fun**  
6m-2 Years  
1.15pm - 2.45pm | **Baby Massage**  
1.30pm - 2.30pm  
(Invitation) | | | |
| **Story & Rhyme Time**  
0-3 years  
9.30am - 10.00am | **Rising Rockets**  
9.30am - 11.15am  
(Invitation) | **First Friends**  
Birth to moving around the floor only  
9.30am - 11.00am | **Purple Play**  
3-5 Years  
11.45am - 1.30pm  
(Term Time Only) |

## Rossington Family Hub - (Midwife appointments available through the week by phoning 01302 642794)

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Baby Massage**  
9.30am - 11.00am  
(Invitation) | **Sensory Fun**  
6m - 2 Years  
9.30am - 11.00am  
(Invitation) | **First Friends**  
Birth to moving around the floor  
9.30am - 11.00am | **Growing Friends**  
0-5 Years only  
9.30am - 11.00am | |
| | **Light & (Pre and Post Natal) support**  
1.00pm - 3.00pm |

### Services delivered by:
- Blue – Family Hub, Red – Health Partners
- Green – Family Hub and Health Partners
- Purple – Other Partners

Sensory Rooms are available at Mexborough and Rossington

Family Hubs – contact the Hub to book a slot and enjoy the sensory experience!

### Edlington Old Children's Centre Building DN12 1PL

<table>
<thead>
<tr>
<th>Monday</th>
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<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Baby Massage**  
12.30pm - 1.30pm  
(Invitation) | **Growing Friends**  
0-5 Years only  
1.00pm-2.30pm |
| | **First Friends**  
Birth to moving around the floor only  
1.30pm - 3.00pm |

### Edlington Library (Martin Wells) DN12 1JD

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
</table>
| **Story & Rhyme Time**  
0-5 Years  
9.30am - 10.00am |

### Edlington St John's Church DN12 1AX

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Stay & Play**  
0-5 Years  
9.15am - 10.45am |

### Edlington Victoria School DN12 1BN

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Mini Explorers**  
1-3 years  
9.15am - 10.45am |

### Torndale Infants DN11 ONQ

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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</thead>
</table>
| **Stay & Play**  
0-5 Years  
1.15pm - 2.45 pm  
Term Time only |

### Bawtry Mayflower Practice DN10 6RQ

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **First Friends**  
9.30am - 11.00am  
Birth to moving around the floor only  
Bawtry Mayflower Practice Porta Cabin |

### Mexborough Aspire building (old Council Depot building) S64 0DQ

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Stay & Play**  
0-5 Years  
1.15-2.45 pm |

### Mexborough New Life S64 0QL

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| **Mums and Tots**  
0-5 Years  
10.00am to 11.30am |

### Family Hub Opening Times

<table>
<thead>
<tr>
<th>Denaby</th>
<th>Mexborough</th>
<th>Rossington</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday</strong></td>
<td>8.30am-4.30pm</td>
<td>8.30am-4.30pm</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>8.30am-4.30pm</td>
<td>8.30am-4.30pm</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>8.30am-4.30pm</td>
<td>8.30am-4.30pm</td>
</tr>
<tr>
<td><strong>Thurs</strong></td>
<td>8.30am-4.30pm</td>
<td>8.30am-4.30pm</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>8.30am-4.00pm</td>
<td>8.30am-4.00pm</td>
</tr>
</tbody>
</table>