



## **Spotting visual problems.**

Listed below are some of the signs that may indicate vision difficulties:

- Short attention span and the inability to concentrate on visual tasks.
- Poor hand-eye co-ordination.
- Tripping and bumping into objects.
- Thrusting forward or tilting the head.
- Squinting or frowning while looking at distant objects.
- Rubbing the eyes.
- Constant blinking and complaining of dizziness or headaches.
- Posture when using eyes for close work.
- Avoiding active games at playtime.
- Sensitivity to light.
- Reading confusion with letters and words that look similar.