

Children and Young People's Mental Health Service  
Unit 3 Balby Court  
Carr Hill  
Balby  
Doncaster  
DN4 8DE

27/11/15

Dear Sir/Madam,

Doncaster Self-referral pilot extended.

As part of the Children and Young People's Improving Access to Psychological Therapies (CYP-IAPT) transformation in CAMHS we have introduced self-referral pilots. The pilots are intended as an opportunity to evaluate the most effective methods of access prior to more extensive self-referral provision being developed.

Young people aged from 14 years will be the target group for the first wave pilots and we are defining self-referral as: "The opportunity for a young person to access the CAMHS service without consultation or referral from a wider professional".

We are keen to understand how and for what types of difficulties young people self-refer themselves. As such we respectfully request that where a child or young person presents with a need that you believe requires a referral to CAMHS you undertake that referral in the usual manner. It is fundamental that we do not create an additional diversionary step in referral processes that may introduce delay, deter a child accessing the service or limit contemporaneous professional information sharing.

The newly named 'Step into CAMHS' has been informed by the views of children and young people. The service will be available on a Monday between 2.30pm and 4.30pm at Floor 3, East Laith Gate House, East Laith Gate, DN1 1JE, for young people aged 14-18 years who are registered with a Doncaster GP, as from Monday 17th February 2014.

GP's will be informed of any young person who contacts us for self-referral, as well as the outcome of this contact.

If you would like more information please call 01302 304070 and ask for Lee Oliver Team Manager

Many thanks,  
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