

YOU
CAREERS

IMPORTANT

YOUNG CARER NEWSLETTER

HELLO!

Welcome to your FIRST newsletter for young and young adult carers.

The newsletter will feature information about activities you can get involved in, important stuff you need to know and hopefully a guest spot by one of you!

We will producing the newsletter four times per year, if you have something to say or share we would love to hear from you. This does not have to be related to being a carer, it could be something you have achieved in or out of school, a hobby that you love or a topic you are passionate about.

Please speak to your young carers worker or send in your ideas to young.carers@doncaster.gov.uk

Introducing the young carers workers!

This lovely lot are your young carers workers and are here to support you when you need them...

Mandy
White
(Central)

Gill Hayton
(East)

Diane
Smith
(South)

Emily
Holmes
(North)



COMPETITION

As this is a newsletter for you we would like it to have a name to reflect all of you, we would like ideas for a name for this newsletter. Submit your suggestions to young.carers@doncaster.gov.uk or your young carers worker. The young carers council will choose their favourite and the winner will receive a £25 Amazon voucher.



Don't forget if there is anything you would like to contribute or a topic that you would like to see in a future newsletter then please get in touch: young.carers@doncaster.gov.uk

WE ARE HERE TO SUPPORT YOU
www.doncaster.gov.uk/youngcarers

YOUNG CARERS CARD

Have you been given a FREE young carers card yet?

Every family with a registered young carer will receive a FREE card which will give you access to a vast range of discounts from your local high street as well as many national brands. You will be kept up-to-date with all the latest news, offers, competitions and giveaways that are included in your membership.



Young carers may miss out on social time with their friends due to caring responsibilities, so to ensure that you have the same opportunity as your friends the young carers card has been launched

The card gives you so many benefits, like:

- Discounts on high street brands
- iTunes discount
- Money off train travel
- Access to discounted activities such as the cinema, skating, bowling and that's only a few of the benefits.

The card is also much more important than all the discounts you can get as it can be used to identify yourself as a young carer to teachers or other adults. If you have an issue, don't want to talk or explain why you may have been late to school because you were needed at home, this is when you can use your card to explain without words by pointing to the red traffic light to show how you are feeling.

For more information visit:

www.doncaster.gov.uk/youngcarers

E-BULLETIN

There are so many great news stories happening within the Young Carers and Young Adult Carers that we want to get the news out to you sooner. There will be 4 newsletters every year which will have the latest news, events and group dates arriving straight to your inbox. If you would like to receive this FREE e-bulletin, then please email: young.carers@doncaster.gov.uk with the subject Line 'Subscribe.'

ACTIVITIES

We run activities and events every school holiday and we would love you to get involved, to find out what's on and how you can get involved then get in touch with your young carers worker or have a look on the young carers web page:

www.doncaster.gov.uk/youngcarers

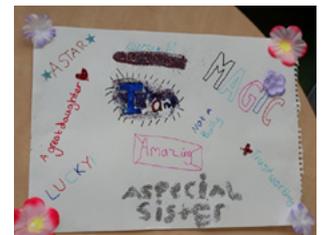


Conisbrough

A group of young carers visited Conisbrough Castle where they explored the castle and enjoyed a picnic.

Transition to secondary school

Young carers had a chance to talk about their worries about moving into Y7 anonymously using the worry box. A secondary school student helped out on the day which they found useful and asked all sorts of questions!



All young people said they felt less nervous about starting secondary school at the end of the session when compared with how they felt at the start.

Visit to the museum

Young carers had the museum to themselves and were able to explore and complete a scavenger hunt in teams. They touched some items from the museum and guess what they were.

Laser Tag

The group had a fantastic day out.

"Really fun and enjoyable, would love to do something like it again"

"8/10 - It was really good, created friendships and team building"

