

# Children And Young People's Local Support And Mental Health Services

## Doncaster CAMHS

Tel: 01302 796191

Website: [www.camhs.rdash.nhs.uk/doncaster](http://www.camhs.rdash.nhs.uk/doncaster)

Doncaster Child and Adolescent Mental Health Service (CAMHS) provides advice and support to children / young people, their families / carers and professionals working with them. Where need is identified they also offer mental health assessments, therapy and interventions for children and young people. If you are concerned about a child / young person's mental health, please contact the team, or make an online referral.



## KOOTH

Website: <https://www.kooth.com/>

KOOTH is a digital mental health and wellbeing supporting service. Their website is safe, confidential, and an anonymous way for service for young people and young adult to access wellbeing and early intervention mental health support, offering personalised support with short waiting lists and no thresholds.



## Doncaster LGBTQ+ Youth Support

Tel: 01302 737993

Doncaster has a LGBTQ+ Youth Group and further information can be found at:

Email: [LGBTQenquiries@doncaster.gov.uk](mailto:LGBTQenquiries@doncaster.gov.uk)

Facebook: <https://www.facebook.com/DoncasterYouthHubs/>

Twitter: <https://twitter.com/hubsyouth> (@HubsYouth)



## Project 3 – Rotherham, Doncaster, and South Humber (RDASH)

Tel: 01302 640032

Email: [rdashproject3.referrals@nhs.net](mailto:rdashproject3.referrals@nhs.net)

Website: [www.rdash.nhs.uk/services/our-services/children-young-people-and-families-doncaster-community-integrated-services/project-3/](http://www.rdash.nhs.uk/services/our-services/children-young-people-and-families-doncaster-community-integrated-services/project-3/)

Project 3 works with young people aged 18 years and under who need advice information, help, support, and intervention around: Sexual Health and Contraception, Drugs, Alcohol and Legal Highs, Stop Smoking, Hidden Harm Support, and they offer Education, Early Intervention and Prevention.



## South Yorkshire Eating Disorders Association

Tel: 0114 272 8822

Website: <https://www.syeda.org.uk/>

Website: [info@syeda.org.uk](mailto:info@syeda.org.uk)

Website: <https://www.syeda.org.uk/self-referral-form> – referral form

(14 years and above)

Offer support groups, discussions groups, Befriending, Talking therapies, Guided self-help, and Occupational therapy for young people with eating disorders.



## Doncaster Rape & Sexual Abuse Counselling Service (DRASAC)

Tel: 01302 341572

Website: <https://www.drasacs.org.uk/>

At Doncaster Rape and Sexual Abuse Counselling Service (DRASACS) our aim is to help people in the **Doncaster Area** who have suffered from these experiences.

Our free and confidential services are available for:

- **Children and young people** aged 18 or under, who have been raped or sexually abused
- **Adults** who have experienced rape or sexual abuse, either recently or in their past
- **Family members** who have been affected by the issue

